

DECEMBER 29TH: FEAST OF THE HOLY FAMILY

Welcome to HOLY FAMILY CATHOLIC CHURCH

2797 Sunset Drive, Kamloops, B.C. V2C 4K7
www.holyfamilychurch.ca



A WARM WELCOME TO GUESTS, AND VISITORS!

WHETHER YOU ARE VISITING, LOOKING FOR A NEW HOME PARISH, OR RETURNING TO YOUR FAITH, WE ARE HAPPY YOU ARE HERE!

The month of December is dedicated to
THE DIVINE INFANCY.

Parish Pastor: Fr. Ajin George | Email: ageorge@rcdk.org

Email: holyfamily@rcdk.org | Phone: (250) 372-0205

Office Admin: Tarlene DeFouw | Office Hours: Tuesdays and Thursdays 8:30am-1pm, Fridays 8:30-12pm

St. Ann's Academy: (250) 372-5452 | Website: www.st-anns.ca

Our Lady of Perpetual Help School: 250-376-2343 | Website: https://olphschool.ca

Home Learning: 1-888-599-5775 | Website: https://ascendonline.ca

Diocese of Kamloops: (250) 376-3351 | Diocese Website: www.rcdk.org

ADORATION

M/W/Th/F (not last Fridays): 7:30am
Saturdays: 8:00am
First Sundays of the month: 10:00am

RECONCILIATION

Saturdays: 8:30am-8:50am, or by appointment

MASS TIMES

Sundays: 10:30am
M/W/Th/F: 8:00am
Tuesdays: 6:30pm
Last Fridays of the Month: 5:30pm
Saturdays: 9:00am

ADORATION on NEW YEAR'S EVE

December 31st: 7-8pm (after 6:30pm daily Mass (not Vigil))

JANUARY 1ST MASS TIME

Solemnity of the Holy Mother of God: 10:30am

MASS INTENTIONS

MONDAY	December 30	8:00am Mass
TUESDAY	December 31	6:30pm Mass
WEDNESDAY	January 1	10:30am Mass
THURSDAY	January 2	8:00am Mass - Nuno Ramos (RIP)
FRIDAY	January 3	8:00am Mass - Chris & Bea Karpes (INT)
SATURDAY	January 4	9:00am Mass -
SUNDAY	January 5	10:30am Mass

COMING UP

7:30am Adoration
7:00pm-8:00pm Adoration
Solemnity of the Holy Mother of God
7:30am Adoration, St. Basil the Great and St. Gregory Nazianzen
Feast of the Most Holy Name of Jesus
8:00am Adoration, St. Elizabeth Ann Seton
10:00am Adoration, CWL Sunday

THE HOLY FATHER'S INTENTIONS FOR THE MONTH OF DECEMBER 2024: FOR PILGRIMS OF HOPE

We pray that this Jubilee Year strengthens our faith, helping us to recognize the Risen Christ in our daily lives and that it may transform us into pilgrims of Christian hope.

JUBILEE MASS

TODAY, the Diocese will celebrate the Jubilee Year opening Mass, which will be held at Sacred Heart Cathedral at 1:30pm.

There will be a reception to follow, so those who attend are invited to bring a small amount of food to share, as a light luncheon will be held after Mass. (appetizers, cheese and crackers, vegies, fruit etc.) If you have any inquiries please e-mail cathedralpa@rcdk.org

JANUARY 1ST MASS AT SUN PEAKS

We are happy to announce that there will be New Years Mass (Solemnity of the Holy Mother of God) celebrated at Sun Peaks, at the Annex: January 1st at 5:00 pm.

HISPANIC MASS

Sunday, January 5th at 5:00pm.

Epiphany of the Lord

Potluck supper to follow after Mass!



NATIONAL VISITATION OF THE RELICS OF St. Jean de Brébeuf and of St. Kateri Tekakwitha

Sacred Heart Cathedral
Friday, January 17th
Starting after 9am Mass until 8pm



CATECHESIS TUESDAYS AT HOLY FAMILY

Starts: January 14th
Mass at 6:30pm followed by Symbolon video program and discussion.

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SYMBOLON
THE CATHOLIC FAITH EXPLAINED

Symbolon: The Catholic Faith Explained is a systematic presentation of our Catholic faith. It will lead you through the "big picture" of the Catholic faith with our Creed as the guide. *Symbolon* brings together some of the most trusted Catholic teachers in the world to guide you through the breadth and richness of the Catholic faith.

Login to watch.formed.org to watch this series today!

Watch Now! Only on FORMED®

An offering from the  **AUGUSTINE INSTITUTE**

Holy Hour - for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocation development. Few are called to priesthood or religious life, but all are called to pray for vocations.

Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Holy Family: 8am - 9am Saturday before 9am Mass

OLPH: 8:00am - 8:45am Wednesday following 7:30am Mass

Sacred Heart: 7:50am - 8:50 am Mon, Tues, Thurs. Fri.
before 9 am Mass., Wed. 9:30 am - 9 pm
and Fri. 7-8 pm following 6:30 pm

By being faithful to our Holy Hour, and letting nothing interfere with it, we use it as the sign and symbol of our victimhood with Christ. (Archbishop Fulton Sheen)

SAVE THE DATE - THE SANCTUARY - MENTAL HEALTH COURSE FOR CATHOLICS:

January 18, 25 and February 4, 2025, 10 am - 11:30am
(Facilitated by Adele Huculak)

How can a church become a sanctuary—a place where individuals living with mental health challenges feel safe, supported, and a sense of belonging? The Sanctuary series explores key mental health topics and examines meaningful ways to offer companionship, support recovery, and promote wellbeing. Appropriate for anyone who wants to learn about faith and mental health, it requires no previous training or expertise—just a willingness to engage in dialogue with other believers. This course and films address difficult and sensitive topics and may not be appropriate for a young audience. It is not recommended for people ages 17 and younger. Adele Huculak, the facilitator, has a master's in clinical Mental Health

Counselling and is a Registered Clinical Counsellor with the BCACC. See the preview video at <https://portal.sanctuarymentalhealth.org/the-sanctuary-course-for-catholics>

Two ways to attend the three sessions: live at Sacred Heart Cathedral OR by Zoom at home or with a group from your parish. An important theme in our times, please commit to learning more about mental health issues and being a person of faith. For more information and to register contact Kathy Dahl at (250)318-9698 kathysdahlhouse@gmail.com

2025 DONATION ENVELOPES

The donation envelopes for 2025 are ready to pickup in the foyer. Please verify that your address is correct and that you received the right type of envelope.

Please contact the parish office if you need to make any changes, or if you would like to receive envelopes for 2025.

Faith in Action Campaign 34

If anyone still needs a pledge form, you can find it in the foyer by the bulletin board. Thank you to everyone who has responded. Your generosity and support makes a meaningful difference.

Faith in Action also accepts Interac E-Transfers. Simply send your e-transfer contribution to fia@rcdk.org

Faith In Action Campaign 34 Video
<https://youtu.be/XM8HXoRFvQ8>

PARISH ASSESSMENT

\$27,068

NUMBER OF PLEDGES

72

TOTAL PLEDGED

\$32,694

CASH RECEIVED

\$32,394

SPIRITUALITY & PSYCHOLOGY JANUARY 11, 2025 10 - 11 AM

Come and join in on a discussion/dialogue with Fr. Derrick and Adele Huculak, a parishioner at Sacred Heart Cathedral, on how Catholic Spirituality and Psychology meet and on the topic of SILENCE. Adele has a Master's in Clinical Mental Health Counselling and is a Registered Clinical Counsellor with the BCACC. **This will be held in the basement hall of the Cathedral.** Optional Mass at 9 am followed by a light breakfast. The talk will start at 10 am. Everyone welcome - bring a friend.



RACHEL'S VINEYARD

www.rachelsvineyardkamloops.org

rvmkamloops@yahoo.ca | Call/Text (Confidential): 250 267 5081

"The LORD will fight for you; you have only to keep still." Exodus 14:14

After everything you have been going through since your abortion, being still and knowing the Lord will fight for you, seems almost hard to believe. Believe it! It is God's promise to you! Join us on a Rachel's Vineyard Retreat and learn how that happens.

Happy New Year!



On Wednesday, the Church celebrates the Solemnity of Mary, the Holy Mother of God, our Lady's greatest title. This feast is the 8th Octave Day of Christmas. In the current liturgical Calendar only Christmas and Easter enjoy the privilege of an octave. It is also the World Day of Peace. "Mary, the all-holy ever-virgin Mother of God, is the masterwork of the mission of the Son and the Spirit in the fullness of time. For the first time in the plan of salvation and because his Spirit had prepared her, the Father found the dwelling place where his Son and his Spirit could dwell among men. In this sense the Church's Tradition has often read the most beautiful texts on wisdom in relation to Mary. Mary is acclaimed and represented in the liturgy as the "Seat of Wisdom."
—Catechism of the Catholic Church 721



Diocese of Kamloops
BISHOP'S OFFICE

Celebrating the Holy Year 2025 and the 80th Anniversary of Our Diocese

Dear Brothers and Sisters in Christ,

With heartfelt joy and gratitude, we prepare to celebrate two significant milestones in the coming year: the Holy Year 2025, with its inspiring theme, *"Pilgrims of Hope,"* and the 80th Anniversary of our Diocese, guided by the theme, *"Looking Back with Gratitude and Looking Forward with Hope."*

The Holy Year invites us to embrace our journey of faith as pilgrims of hope, deepening our relationship with Christ and radiating His love in our daily lives. Simultaneously, the 80th Anniversary of our Diocese calls us to reflect on the rich legacy of faith, dedication, and sacrifice of those who built the foundation of our vibrant and devoted community.

These dual celebrations offer us a sacred opportunity for spiritual renewal. They inspire us to recommit ourselves to our faith, bear witness to Christ's light, and actively engage in the Church's mission in today's world. As one diocesan family, we will unite in prayer, beginning December 28, 2024, and continuing through December 29, 2025, using a special prayer I have prepared for this journey.

To mark these momentous occasions, our Diocesan Anniversary Committee has planned several meaningful events:

- Visitation of the Relics of Canadian Saints: St. Jean de Brébeuf and St. Kateri Tekakwitha at Sacred Heart Cathedral on Friday, January 17, 2025.
- Solemn High Mass on Corpus Christi Sunday: June 22, 2025, at 10:30 AM at Riverside Park, followed by a Eucharistic procession to Sacred Heart Cathedral

for Benediction. The day will conclude with a communal BBQ dinner at St. Ann's Academy, fostering fellowship and joyful celebration.

- Mission Talk – “Pilgrims of Hope”: Presented by Father Leo Patalinghug, a renowned missionary and chef from Baltimore, USA, from October 9 to 11, 2025.
- Youth Rally in Kamloops: Featuring Father Leo Patalinghug, Saturday, October 11, 2025.

Further details will be shared as these significant moments approach. I warmly encourage each of you to participate in these spiritual and communal events. Together, let us honor our past, celebrate our present, and look forward with faith and hope as a united family in Christ.

May the Immaculate Heart of Mary and St. John Vianney, patrons of our Diocese, intercede for us as we embark on this sacred journey.

With prayerful hope and gratitude,



✠ Joseph Phuong Nguyen
Bishop of Kamloops